About Dana

Dana Vollmer is one of the most gold-medaled female USA Olympians of all-time. In 2000, Dana was the youngest to ever compete at the US Olympic Trials. Her career on the National Team continued through the 2016 Olympics where she became the first mother to win a gold medal in swimming history.

Dana's Olympic career started in 2004 at the Athens Olympics where she won gold as part of the World Record setting 4×200 Meter Freestyle Relay. In 2012 she won three gold medals while setting two World Records at the London Olympics. Her World Record in the individual 100 Meter Butterfly of 55.98 seconds was the first time a woman swam the event under 56 seconds.

After having her first child in March of 2015, Dana returned to the pool and quickly regained her place among the top swimmers in the world. At the 2016 Rio Olympics she won bronze in the 100 Meter Butterfly, silver and an American Record in the 4×100 Meter Freestyle Relay, and gold in the 4×100 Meter Medley Relay.

Dana spent 16 years on the Swimming National Team competing at our country's highest level. She knows how to set a goal, develop the path, and execute to success. Most importantly, she knows that at our core, as unique individuals, we have to believe we are enough and to use our own strengths as a catalyst to self-fulfillment.

Dana is the Sports and Wellness Programming Specialist for ELS Architecture and Urban Design. As she pursues her architecture license, she applies her years of user-based knowledge of aquatic centers to new cutting-edge designs. She grew up participating in all types of aquatic activities from YMCA swim lessons, to moving up the ranks through her small-town summer league swimming team, USA Swim Team, and then years on the USA National Team. Now she has come full circle as her own two boys participate in swim lessons and love to play on splash pads and fun water pools.